



77 Water St.
14th Floor
New York, NY 10005

<Date>

<Practitioner Name>
<Addr1>
<Addr2> <Floor> <Room>
<City>, <State> <Zip Code>

Re: Behavioral Health Services for New York Under 21 Medicaid Recipients

Dear <Practitioner Name>:

On January 1, 2019 the New York State Department of Health (NYS DOH) began to transition Behavioral Health Services covered for eligible Under 21 Medicaid recipients to Medicaid Managed Care Organizations (MCOs).

The UnitedHealthcare Community Plan current benefit package will cover additional mental health and substance use disorder services for Under 21 Medicaid recipients. Optum is collaborating in the administration of benefits related to the full continuum of Mental Health (MH) and Substance Use Disorders (SUD) services for eligible Under 21 Medicaid recipients served by Community Plan and covered under the New York Medicaid State Plan. Covered behavioral health services available July 1, 2019 include:

Department of Health Services

- Health Home Care Management

Office of Mental Health Services

- Assertive Community Treatment (ACT) (minimum age 18)
- Children and Family Treatment and Supports including:
 - Community Psychiatric Supports and Treatment (CPST)
 - Family Peer Support Services (FPSS)
 - Other Licensed Practitioner (OLP)
 - Psychosocial Rehabilitation (PSR)
- Comprehensive Psychiatric Emergency Program (CPEP) (minimum age 18)
- Continuing Day Treatment (CDT) (minimum age 18)
- Inpatient Psychiatric Services
- Outpatient Clinic Services (includes OMH SED designated clinics)
- Personalized Recovery Oriented Services (PROS) (minimum age 18)

Office of Alcoholism and Substance Abuse Services

- Part 816.6 Medically Managed Inpatient Detoxification (Article 28/32)
- Part 816.7 Medically Supervised Inpatient Withdrawal and Stabilization (Article 28/32 and Article 32 Providers)



- Part 816.8 Medically Supervised Outpatient Withdrawal and Stabilization (Article 28/32 and Article 32)
- Part 818 Chemical Dependence Inpatient Rehabilitative Services (Article 28/32 and Article 32 Providers)
- Part 820.10 and 820.11 Residential Stabilization and Rehabilitation Services (Article 32 Only)
- Part 822 Outpatient Clinic (Article 28/32 and Article 32 Providers)
- Part 822.15 Outpatient Rehabilitation (Article 28/32 and Article 32 Providers)
- Part 822.16 Opioid Treatment Program (OTP) (Article 28/32 and Article 32 Providers)

Certain continuity of care provisions will continue for 24 months from the date the benefits are included in Medicaid managed care. In accordance with New York State guidance for Continuity of Care for State Plan Services Carved into managed care and for 1915 (c) transitioning children, the following will apply:

- 90 day utilization review requirements will align with NY State Children's Medicaid Health and Behavioral Health System Transformation State Plan implementation requirements.
- 180 day utilization review and service authorization requirements will align with NY State requirements for all 1915(c) Transitioning Children receiving new CFTSS or aligned children's HCBS.

Out-of-network providers must notify UnitedHealthcare ahead of the July 1, 2019 effective date regarding which members you anticipate serving for those services that go live on July 1, 2019. Taking this action will minimize disruption to member care and provider payment.

You can notify us by calling the Clinical Services line: 1-866-362-3368 and speak with a member of the care management team.

In-network providers should refer to providerexpress.com for more detailed information about authorization requirements. Additional information including the Network Manual and other relevant materials can also be found on Providerexpress.com > United States > Our Network > State-Specific Provider Information > New York > Welcome to the Network

Please contact Network Management if you have any questions (email strongly preferred):

Email: **NYNetworkManagement@optum.com**
Fax: **1-866-483-6254**
Phone: **1-877-614-0484**

Sincerely,

Tara Caruso
Director Provider Relations (NY, NJ, CT and VT)
Behavioral Network Services